

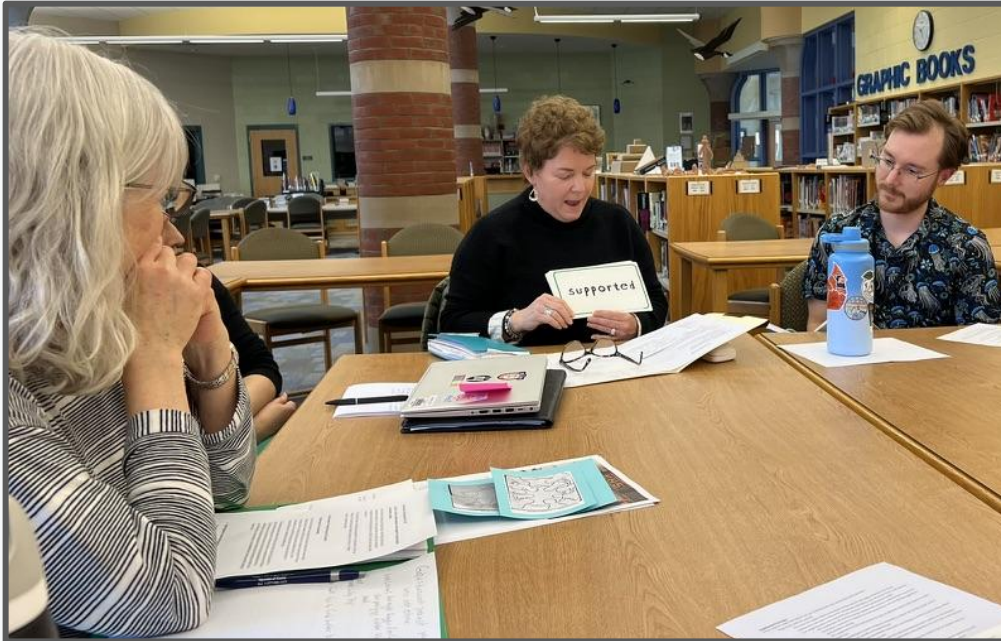
High 5 Adventure Learning Center's



PROFESSIONAL LEARNING FOR EDUCATORS

Rationale

Connected and empowered educators serve an essential role in advancing learning for their students, fellow colleagues, and themselves.



Schools invest in educators by providing opportunities to participate in **rejuvenating** and **personalized professional learning**.

Our high quality, **adventure-based** professional learning experiences are crafted for educators to **foster connections**, **build reflection practices**, and **fuel their passion and growth**.

Click to view our [Theory of Change](#) for more details.

Program Structure

- **Group:** 10-14 interested educators
Ranging from classroom teachers, paraeducators, counselors, etc.
- **Commitment:**
 - 2 Full-Day Retreats
 - Individual reflection with prompts
 - Potential for 1:1 or sm. group meeting with facilitator between sessions

Connect, Empower, Lead . . . Be the Example serves as our overarching guide and **adventure learning** pedagogy is our consistent approach.



Program Aims

High 5 facilitators support connection, reflection, and risk taking in support of educators' growth in a variety of ways.

In this two session model, participants will:

- Experiment with intentionally shifting to a slower pace in a professional context to notice how it influences awareness, decision-making, and interactions.
- Build purposeful connections with fellow educators across the district in a collaborative learning environment to share support, validation, and differing perspectives.
- Reflect on navigating the unknown in your school setting through adventure-based activities.
- Participate in a facilitated space that prioritizes reflection and personal agency, creating room for your goals, questions, and needs to emerge authentically.



Sample Themes

We use activities and reflection focused on the themes above to facilitate an educator-centered experience where they can be reinvigorated and build a positive support network.

- Slowing down + noticing/awareness building
- Navigating the unknown + unpredictable
- Giving + Receiving Support
- Risk Taking + Experimentation
- Emotions - within students and ourselves
- Finding balance - between work/life, saying yes/no, effort/outcomes, etc.
- Opportunities for play, joy and connection



Please note - This is not a training.
We're not telling teachers "how to ____".

Instead, we invite everyone to explore these concepts as a group where they find validation and inspiration through their sharing.