

**Outside
Mainstream
Practice**

**Common Mainstream
Practice**

**ANSI / ACCT Standards
and/or Regulations**

SOP

**Requirements by OEM or Accredited
Vendors**

LOP

**Your Organizations Site
Specific
Procedures/Policies**

IIP

Scope of Staff Practice

**Outside
Mainstream
Practice**

Outdated element
operations, equipment,
procedures that have
led to injury or lawsuits

Spheres of Acceptable Practice



Spheres of Acceptable Practice Example

Outside of Mainstream: It is considered outside of the mainstream to have participants at height without any attachment to a belay rope or other lifeline. It is also considered outside of the mainstream to attach a climber directly to a rope and not a harness (i.e. using a bowline on a coil, once a common practice in the 1970's).

Common Mainstream Practice: Mainstream practice indicates that an acceptable termination knot or spliced loop is used in the end of a rope and then attached to a climber's harness prior to climbing.

ANSI / ACCT 03-2019 Standard: C.2.3.3 Staff shall be able to tie and evaluate appropriate knots for life safety systems.

High 5 Standard Operating Procedure (SOP) (pg. 49 in The High 5 Guide): Acceptable knots to attach to a climber's harness include, a figure 8 follow through (figure eight re-trace) tied directly to the harness and a single figure eight loop (figure eight on a bight) or a double figure eight loop (super 8) clipped into the harness with an appropriate locking carabiner, all with a back-up knot. High 5 is currently phasing out the use of the bowline on a bight as an acceptable clip-in knot. This is a change in High 5's SOPs.

Local Operating Procedure (LOP): A figure 8 follow through will be used when operating the Tower climb at the therapeutic hospital site because the specific population, due to behavioral issues, may be at risk of purposely unclipping at height. Or a site's LOP requires the Double Figure Eight Loop on the Pamper Pole or other jumping element due to the ease of untying the knot after many jumping climbers.

Individual Instructor Preference: (IIP) Phil prefers to tie the double figure 8 loop when using the Pamper Pole, and Lisa prefers the single figure eight loop. As long as both are within the realm of their site specific LOP, both are acceptable.

